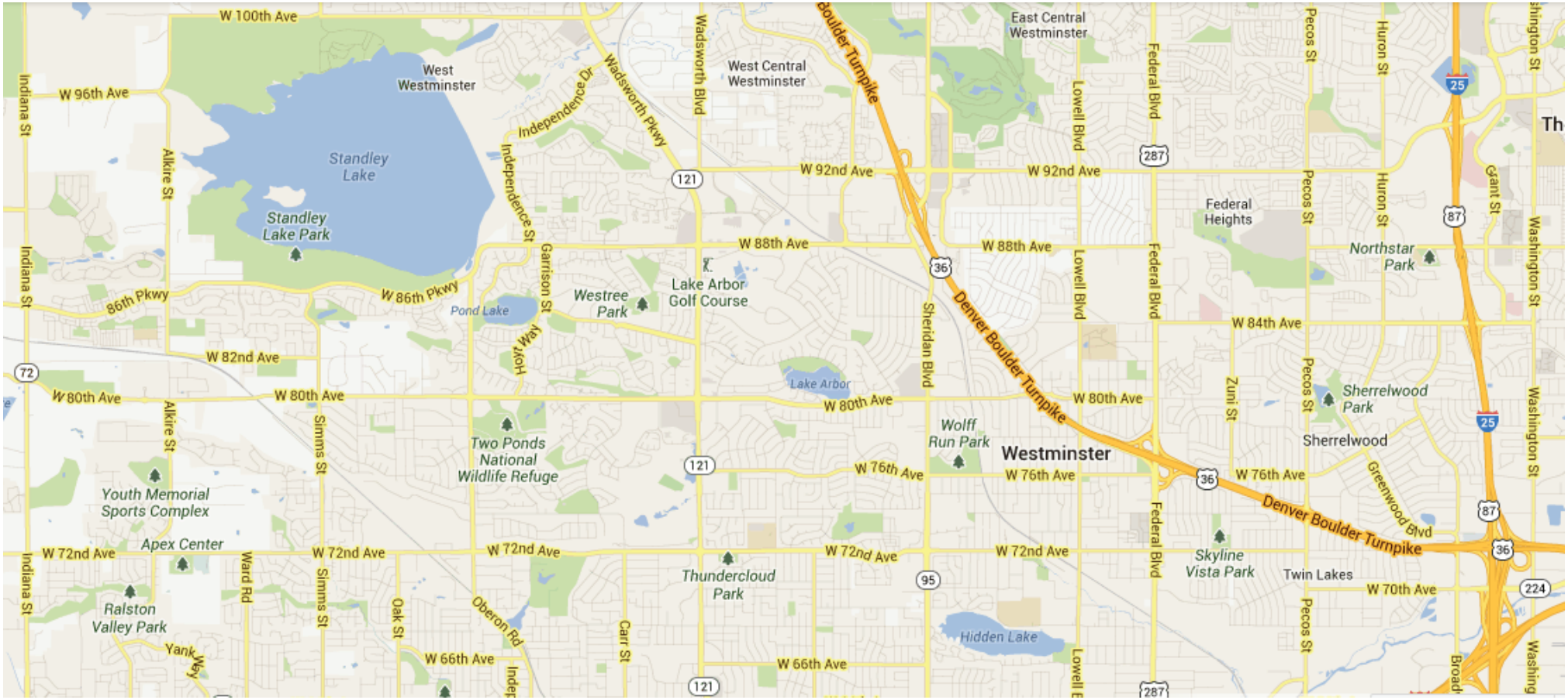
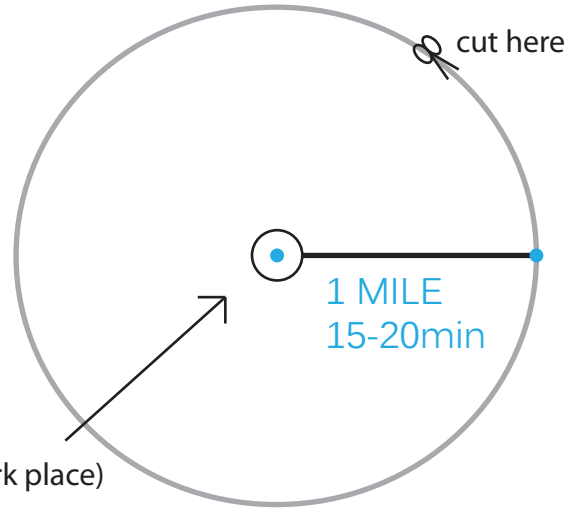
walk2connect ZONE 3 WESTMINSTER / BERKLEY / THORNTON

YOUR UNIQUE WALKING ZONE / TRY YOUR BEST TO NOT DRIVE ANYWHERE INSIDE THIS 1MILE CIRCLE!



DRAW A 1MILE RADIUS AROUND YOUR HOME OR WORKPLACE /
SEE MEASUREMENT & CUT OUT CIRCLE BELOW

IT TAKES (ROUGHLY) 15-20 MINUTES TO WALK 1 MILE /
REPLACE PRACTICAL SHORT TRIPS WITH WALKING

SAFETY TIPS

- WEAR SOMETHING BRIGHT SO YOU CAN BE SEEN
- WALK AGAINST TRAFFIC IF THERE'S NO SIDEWALK
- WALK THE ROUTE WITH A FRIEND FOR THE FIRST TIME
- WEAR COMFORTABLE SHOES
- BRING WATER / WEAR SUNGLASSES & SUNSCREEN